

## A Note from Jane

This month the Foundation joins the millions who will walk or race to end breast cancer. Our FT Pink group will join the Making Strides to End Breast Cancer Walk on October 19th. And next month we will show Austin what kind of hearts we have (see story to right).

Millions more are doing walks, races and rides to show their hearts and raise money. We salute anyone who gets involved. See Lee Hoffner's story on the back page of the unique way he and thousands of others raised money to eradicate prostate cancer.

### LIGHT THE TORCH 5K

Our first ever Light The Torch 5K race on September 26 was a huge success! We selected four of our charitable partners to have a booth at the race so participants could learn more about each organization. Proceeds received from the Light the Torch 5K will be donated to these four organizations:

- DuPage Pads
- People's Resource Center
- DuPage Habitat For Humanity
- Alzheimer's Association

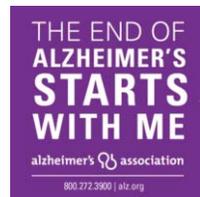
A special thanks to everyone who raced, volunteered or participated in some way. In addition to the 500 runners, we had 100 volunteers. It was a huge effort, and it was a great outcome. Together we *are* making a difference in the world!



## October 2014 Theme: Health Issues/Cure Research

Autumn is officially here! This month the Foundation supports organizations that are working to provide cures to various diseases that affect so many.

### Alzheimer's Association



Back in February, a number of First Trust employees attended a "Reason to Hope" luncheon for the Alzheimer's Association Greater Illinois Chapter. Employees, volunteers, and family members spoke passionately of their commitment to curing Alzheimer's disease. Consider these statistics:

- In the U.S. alone, over 5 million people are living with Alzheimer's disease.
- Alzheimer's is the 6th leading cause of death in this country.
- In 2013, 15.5 million caregivers provided an estimated 17.7 billion hours of unpaid care valued at more than \$220 billion.

The Alzheimer's Association envisions "a world without Alzheimer's" and is making big strides in research, preventative care, and advocacy for individuals and families living with this debilitating disease.

We are proud to support this ambitious organization. Visit [www.alz.org](http://www.alz.org) to learn more.

### Susan G. Komen Foundation



Pink ribbon t-shirts. NFL players wearing bright pink cleats on the field. Newscasters wearing pink ties. The Susan G. Komen Foundation, for over 30 years, has worked to turn October PINK and raise awareness of the fight to ending breast

cancer. Its influence spans the globe. Here's just some of what Komen is doing to battle breast cancer:

- In 2013, the Komen Foundation awarded more than \$82 billion in needs-based community grants, which helps to provide mammograms and other health-care needs.
- To date, over \$800 million has been provided to researchers all over the world in the fight to make breast cancer a curable disease.
- Since the inception of its global efforts in 1999, Komen has granted more than \$70 million to over 60 countries.

With the number of breast cancer cases on the rise in nearly every region and in every country, the work is more important than ever. The Foundation is pleased to announce that First Trust



and FT Cares Foundation are major supporters at the Komen

Race for the Cure/Austin, which will take place on November 16th. FTP is sponsoring the Food Tent and the Foundation is sponsoring the Survivor Tent. Our folks already in Austin will join us at the race and in the tents. We couldn't be more proud!

To learn more and to get involved visit [www.komen.org](http://www.komen.org)

## Lisa's Corner:

As we celebrate the success of our own Light the Torch 5K, I wanted to provide information on other walks/runs that your whole family can do together to support some great causes. Sign up today for...

- **The Leukemia & Lymphoma Society's Light The Night Walk** takes place on Saturday, October 18 at 4:30 p.m. in Berens Park, Elmhurst. The Walk brings together families to honor blood cancer survivors, as well as those lost to the diseases, and shine a light on the importance of finding cures and providing access to treatments for blood cancer patients. <http://www.lightthenight.org/il/what/>
- **The American Cancer Society's Making Strides Walk** is on Sunday, October 19 at Cantigny Park in Wheaton. The Walk is an opportunity to raise money to help fight breast cancer with research, information and services, and provide access to mammograms for women who need them. Go to <http://makingstrides.acsevents.org> and search 60187 for event details. Search for team "FT Pink" to register for our team.
- **Run 10 Feed 10** is on Sunday, October 19 at 8 a.m. at Diversey Harbor, Chicago. Women's Health hosts this run with a mission. Run the 10K and you will instantly provide 10 meals for those going hungry in your local and surrounding neighborhoods. [www.run10feed10.com](http://www.run10feed10.com)
- **Lynn Sage Cancer Research Foundation 5K Run** takes place on Saturday, November 8 in Lincoln Park, Chicago. Adults and children may participate in this first annual 5K by running, walking, fundraising or donating to support innovative breast cancer research. <http://lynnsage.org/sponsor-our-events/lscrf-5k/>
- **Tri City Family Services 6th Annual 5K Snowflake Shuffle** is on Saturday, December 6 at 9 a.m. in Geneva. The race is a holiday-inspired event that the whole family can enjoy. Even Santa Claus will be joining in on the fun! The race increases awareness of TCFS's mission to provide affordable, compassionate counseling and mental health services to teens, their families and community members across all ages and income levels. [http://www.tricityfamilyservices.org/2015\\_Snowflake\\_Shuffle.html](http://www.tricityfamilyservices.org/2015_Snowflake_Shuffle.html)
- **Lions Club Reindeer Run** on Saturday, December 6 at 8:30am in Downtown Wheaton. This is a holiday-themed 5K for the serious and casual runner looking to get into the holiday spirit and proceeds go in part to the Ronald McDonald House® near Central DuPage Hospital. <http://www.wheatonparkdistrict.com/reindeerrun/>

## MAKING A DIFFERENCE

*Editor's Note: Our own Lee Hoffner shares his story of a "ride for a cure" he just completed.*



In all of its forms, cancer is both a scourge and a thief and few of us have managed to avoid having our lives affected by it.

So, when I heard about the Distinguished Gentleman's Ride to raise funds for combating prostate cancer ([www.gentlemansride.com](http://www.gentlemansride.com)), I decided to ride. I joined 165 other riders in Chicago on Sunday morning, September 28th. Chicago was one of 220 cities worldwide, with a total of over 20,000 riders, all of them looking distinguished (sense a theme, here?...) in jacket, tie, vest and the occasional waxed moustache – even the occasional kilt, to ride and raise funds for the fight. We met our fundraising goals and, worldwide, the ride exceeded its goal of \$1M, reaching a total of \$1,462,287.00.

As great as that is, this is just a drop in the bucket in the general fight against cancer. If you have an opportunity to help kick cancer's butt (especially if you can do it while riding!), I hope you will take it. Because cancer steals – and that's just not cricket!

*You can listen to a podcast with Lee and some of his buddies' reflections here:*

<http://triumphbonneville.org/triumph-twins-talk-podcast-episode-1/>.

We want your input. How are you and your families involved in outreach efforts in your community? How can FT Cares Foundation help in your efforts? How has FT Cares Foundation impacted your life? Send your stories to [lweier@ftportfolios.com](mailto:lweier@ftportfolios.com).

Remember, YOU are the face of the Foundation!

*"The world is hugged by the faithful arms of volunteers."*

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